



Children and Families Staffordshire

putting children first

Hello to all our Families & Volunteers

As it's the start of the children's summer holidays we thought you may find it useful if we put together some free local days out / activities that we are putting on ourselves and also others that we know about.

You may know of some others, in which case, please let us know.



CAFS Picnics in the Park

Would you like a chance to get out of the house & meet others, for children to play and use up some energy. If so, join us. We are meeting on:

Wednesday 9th August at Westport Lake

Wednesday 16th August at Central Forest Park

Wednesday 23rd August at Longton Park

Please join us by the swings at 11am and bring a picnic with you.

We shall be in the park until 2pm.



Find a Festival in Your Community!

City of Sport is offering a series of Community Sports Festivals featuring fun, sport and activities for the whole family.



They will be at:

- 29 July (12 - 3) Central Forest Park
- 2 August (3-7) Burslem Park
- 12 August (11-3) Middleport Park
- 2 July (12-3) Longton Park
- 23 Sept (12-3) Hanley Park
- 7 Oct (12-3) Monks Neil Park, Chell, ST6 6HH

Every Festival is free and features a highly skilled coaching team, giant inflatables, food and drink, face painting and much more. You may even find the legendary giant inflatable assault course, Jetstream.

Contact the City of Sport Team for all details at email: CityOfSport16@stoke.gov.uk or follow on facebook: <https://www.facebook.com/SOTCityOfSport/>

11 City Parks - 7 Days - 1 Amazing Programme!!



Brought to you by Coca Cola and Stoke-on-Trent City Council, ParkLives is an incredible programme full of free, fun sessions suitable for anyone and everyone.

ParkLives is well under way and will continue throughout the Summer into October!

Across the city in our stunning parks, you'll find a huge range of sessions from Walking to Buggy Bootcamp and Yoga to Zumba. Take your pick of your favourite activities or follow our team around the city and catch them all.

You can bring your friends and family and a picnic, or get away from your desk with a lunchtime workout. However you want to enjoy ParkLives we want to see you!

Find out more, see the whole schedule and pre-book (if you wish) by visiting the ParkLives website <https://www.parklives.com/>

Wildplay Sessions

Staffordshire Wildlife Trust provide Wildplay sessions which are play outdoors with all the family.

Explore the natural world together at one of the nature themed activities for all the family at parks and nature reserves across Stoke-on-Trent and Newcastle.

Activities might include building a den, going on a bug hunting adventure, playing on the slackline and more.

There's no need to book, you can just turn up, but please come dressed for the weather as all activities are outside. Don't forget your wellies (or sturdy shoes), a coat and a drink.

There is one taking place at Mount Pleasant Park on Friday 18th August and also Queens Park in Longton on Friday 25th August.

To find out more about these sessions and others going on in the area contact: Katie on 07854 532400: email: k.shipley@staffs-wildlife.org.uk



The following link leads to a list other **Days Out With the Kids** in the area although there will be a cost to these: <http://bit.ly/2eJVR48>

Don't Forget

that our office telephone number has changed.

It is now **01782 863762**.

Our office is sometimes unmanned whilst we are out visiting families and volunteers, so if we don't answer, please leave a message and we'll get back to you.

